

Gratitude Group Exercise

INSTRUCTIONS:

- Take a piece of candy
- Match the number on your candy with the number / question below
- Share your answer as we go around the room
- Make it fun, yet serious

1	What abilities do you have that you are grateful for?
2	What modern inventions are you most grateful for?
3	What is something about a past teacher that you are grateful for?
4	What is something about a previous "boss" that you are grateful for?
5	What are you thankful for that happened today?
6	What skills does your top performing employee have?
7	What skills does your lowest performing employee have that you could cultivate?
8	Think of your most favorite person that you have every worked with, what traits about them make them your most favorite?
9	What modern inventions are you most grateful for?
10	What is the best customer service you ever received?
11	What do you admire most about your best friend?
12	What inspires you most about your favorite teacher?
13	What inspires you most about one of your fellow colleagues?
14	What value do you see in one of your employees, that they do not see?
15	How has someone inspired you?
16	What are you grateful for?
17	How did you last show appreciation for someone?
18	Who is someone (a position) that you can thank that normally doesn't get a thanks?
19	How does the department to the LEFT of you bring value to the organization?
20	What are you most grateful about of the department sitting to your RIGHT?
21	What are you most thankful for?
22	What modern inventions are you most grateful for?
23	What do you admire most about your favorite cousin?

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Σvery Patient • Σvery Employee • Σvery Time

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